## **Amendments to the Claims:**

The listing of claims will replace all prior versions and listings of claims in the application:

## **Listing of Claims:**

Claim 1 (Previously Presented) A food product for microwave cooking comprising a frozen uncooked cereal dough that expands on heating, the cereal dough being contained in a sealed package which remains sealed during microwave cooking and is dimensioned such that there is free volume within the package defined by the internal surface of the package and such that when the cereal dough is cooked by microwave heating the cereal dough expands and contacts areas (contact areas) of said internal surface so that the shape of the cooked cereal dough is defined, at least in part, by said contact areas, the package comprising susceptor material in at least some of said contact areas to cause browning and/or crisping of the cereal dough during microwave cooking.

Claim 2 (Previously Presented) A food product as claimed in Claim 1 in which the upper surface of the food product comprises cereal dough and at least 60% of the upper surface area of the cereal dough contacts the internal surface of the package when the cereal dough is cooked.

Claim 3 (Previously Presented) A food product as claimed in Claim 2 in which at least 80% of the upper surface of the cereal dough is in contact with the internal surface of the package when the cereal dough is cooked.

Claim 4 (Currently Amended) A food product as claimed in any preceding claim Claim 1 in which the cereal dough is selected from bread dough, pizza dough, puff pastry dough, croissant dough and sponge mix.

Claim 5 (Currently Amended) A food product as claimed in any preceding claim Claim 1 in which the cereal dough is filled with a savoury or sweet filling.

Claim 6 (Previously Presented) A food product as claimed in Claim 5 in which the filling is selected from meat, vegetables, fruit and combinations thereof.

Claim 7 (Currently Amended) A food product as claimed in Claim 5 or Claim 6 in which the filling is a liquid which has rheological properties so that it remains in the product after cooking.

Claim 8 (Currently Amended) A food product as claimed in any preceding Claim 1 in which the package comprises a flexible sheet material.

Claim 9 (Previously Presented) A food product as claimed in Claim 6 in which the package consists of flexible sheet material which is wrapped around the cereal dough and sealed around its edges.

Claim 10 (Currently Amended) A food product as claimed in any one of Claims 1 to 7

Claim 1 in which the package is in the form of a box or carton.

Claim 11 (Currently Amended) A food product as claimed in any preceding claim Claim 1 in which the cereal dough is positioned in a dish or on a plate of susceptor material.

Claim 12 (Currently Amended) A food product as claimed in any preceding claim Claim 1 in which the substantially all of said interior surface of the package comprises the susceptor material.

Claim 13 (Currently Amended) A food product as claimed in any one of Claims 1 to 11 Claim 1 in which the package additionally comprises antenna material. Claim 14 (Currently Amended) A food product as claimed in any preceding claim Claim 1 in which the food product is a bread roll, meat pie, fruit pie, sausage roll or croissant.

Claim 15 (Currently Amended) A food product as claimed in any preceding claim Claim 1 in which the cereal dough comprises yeas and the cereal dough is proven.

Claim 16 (Currently Amended) A food product as claimed in any preceding Claim 1 in which the cereal dough is frozen after packaging.

Claim 17 (Currently Amended) A food product as claimed in any preceding Claim Claim 1 in which the cereal dough comprises yeast and is frozen after proving.

Claim 18 (Currently Amended) A food product as claimed in any preceding Claim 1 in which the cereal dough comprises yeast and is frozen without proving.

Claim 19 (Currently Amended) A method of cooking a food product which comprises the steps of providing a food product as claimed in any preceding claim Claim 1 and cooking said food product in a microwave oven.